



The International Scientific Journal of Physical Education and Sport Sciences

(**ISJPES**)

About the Journal

The International Scientific Journal of Physical Education and Sport Sciences (**ISJPES**), publish both applied and theoretical issues. The scope of the journal covers research articles, original research reports, reviews, and in different areas of Physical Education and Sports Sciences, The (**ISJPES**) is published quarterly in **January, May and September**.

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- Authors should prepare manuscripts according to **APA style** and follow **the Publication Manual of the American Psychological Association (6th edition)**. Typing instructions and instructions on preparing tables, figures, references, metrics, and abstracts appear in the Manual.
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- All manuscripts must be double-spaced, using Times New Roman font (**size 12**).
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- All manuscripts must be accompanied by a title and abstract, while the abstract is limited to no more than **200 word**).
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- **Title page** (full names, institutional affiliation, country, e-mail address, contact numbers of the author/s.)
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